

## LGBTQ COVID-19 Information and Support

*In recognition of Tuesday, 3/31 being the International Transgender Day of Visibility, the following links provide information on how COVID-19 is uniquely impacting the LGBTQ community as well as some resources for support.*

[National Health Organizations are Warning that the LGBTQ Community May be at Increased Risk from COVID-19](#) (USA Today)

[How LGBTQ Youth Can Manage Anxiety During COVID-19](#) (The Trevor Project)

[Providing LGBTQ College Students with Mental Health Support During COVID-19](#) (Mashable)

[Supporting LGBTQ Elders During COVID-19](#) (Human Rights Campaign)

The [LGBT National Help Center](#) offers confidential peer support connections for LGBT youth, adults and seniors including hotlines, text and online peer chat

The [Trevor Project](#) is a support network for LGBTQ youth providing crisis intervention and suicide prevention, including a 24 hour text line (Text "START" to 678678)

[Trans Lifeline](#) is a 24/7 grassroots hotline and microgrants 501(c)(3) non-profit organization offering direct emotional and financial support to trans people in crisis. It is the first transgender suicide hotline to exist in the USA/Canada and is also the only suicide hotline whose operators are all transgender or non-binary

[SAGE LGBT Elder Hotline](#) is a national advocacy and services organization that advocates for LGBT elders. Provides crisis response and helps link people with community resources, available 24/7, in English and Spanish